



MARSHA FERRICK COACHING

| SERVING YOU SO YOU MAY SERVE MORE POWERFULLY |

MEDIA KIT

MEET DR. MARSHA FERRICK

LIFE COACHING | TEAM BUILDING | SPORTS PSYCHOLOGY

" I use my talents, education, and experience to serve those who are serving others, in order that they may do so at a higher level, achieve greater personal fulfillment and extend their positive impact forward at work and home."

--Dr. Marsha Ferrick

As a Clinical Psychologist I treated serious cases of emotional distress and pathology. I assisted many individuals through recovery to healing. As a Professional Coach it was an easy transition to coaching healthy individuals to develop an exceptional quality of life, emotionally while improving their personal and professional power in order to create the lives they want.

I am passionate about assisting those that serve others, to optimize their relationships, recapture their passion, and confidently move forward to create the life they desire. When I am able to assist clients with this, they are then empowered to go forward and positively impact those in their life sphere at home and work.



*MARSHA E. FERRICK, PHD, BCC,
CEO & FOUNDER*

MARSHA FERRICK COACHING

Dr. Ferrick is a Board Certified Professional Life Coach, Licensed Clinical Psychologist (OH) and an Expert in Equine and Human Behavior.

Through my work as a clinical psychologist, professional coach, equine and equestrian expert, I have developed a unique experience, perspective and a model to help people live fuller, richer lives.

The successful people we admire have almost always a coach in their lives. Sometimes we are fortunate enough to have circumstances or natural relationships which foster or provide healthy, supportive "coaching relationships". but most often that is not the case. These individuals simply cannot be objective or honest enough to tell us the truths we need to know, to experience the growth we need to create the life we want.

We each have a very personal and unique definition of what success looks like. People desiring empowered lives know they must grow and expand to achieve that success. Others who have gained success in some aspects of their lives, perhaps in their careers, but have reached a point of pain or emptiness in other areas of their relationships, know that more change is needed to fully realize and live the life of their dreams.

DR. FERRICK'S EDUCATION & BACKGROUND



Clinical Psychologist PhD

PhD Fielding Graduate Institute
Santa Barbara, California

Board Certified Life Coach

Institute of Life Coach Training

Equine & Human Behavior Expert

Trainer, Instructor, Breeder
Madison, Ohio

Professor of Equine Studies

Lake Erie College
Painesville, OH

DR. FERRICK SHARES SOME THOUGHTS

LIFE COACHING



Life coaching is not for the exceptional. Life coaching makes the ordinary individual extraordinary. Everyone needs a coach, only the wisest hire a coach. Great people have long known that it takes an objective observer, a coach, to help you stay on course to your dreams, encourage you when obstacles present themselves, and someone to see past the forest to the trees.

TEAM BUILDING



Neither man nor woman is an island. We simply do not operate alone. We function in pairs, couples, families, work groups, business teams, and communities. To thrive in our culture, we need to develop relationship skills, practice them, and utilize them in a flexible manner.

Team building is for everyone that wants great relationships, colleagues, work environments, and financial results.

SPORTS PSYCHOLOGY



For those who are passionate about a sport, mastery is not only a physical challenge, but a mental challenge. Sports psychology provides a bridge for athletes connecting the physical and the emotional. Sports psychology is for the serious amateur or professional athlete whether they do it for the love of the sport or the art of the competition!

To be at the top of one's game requires more than physical practice. It requires mental practice. Sports psychology assists you in mastering the techniques that will put you at the top of your game, sport, or art!

CONTACT

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PUBLISHED WORKBOOKS

Quest For Success: Making Money Through Service

Quest For a Light Heart

Quest for Healing: A Guide to Healing Loss, Grief, Abuse or Trauma

The Quest for Boundaries

The Quest for Self-Esteem

The Quest for Your Life Purpose

The Quest for Awesomeness: From Ordinary to Extraordinary

Mastering the Inner Art of Riding

EQUINE COLLABORATIVE TEAM BUILDING CLINICS





