

An illustration of two young girls hugging. The girl on the left has brown hair in a ponytail with a red bow, wearing a blue jacket and a red skirt. The girl on the right has long blonde hair, wearing a red long-sleeved shirt under a yellow vest and a blue skirt. They are both smiling and looking at each other. The background is a textured blue and green.

*All About You,  
All About Me!*



## All About Me, All About You

Children can sometimes experience difficulty exchanging basic information with other people. This worksheet, which is for writing words, drawing simple pictures, or both, is designed to help children learn about the interests of others and also to help other people.

### First way to use the worksheet: All About You

Have the child sit face-to-face with another child. Provide categories for the four quadrants of the sheet, such as favorite food, favorite game, favorite movie, favorite music. Have each child ask the other child questions so they can complete the worksheet. If the children like to draw, it greatly adds to the value of this exercise to have them include simple drawings. Once the worksheets are completed, you can facilitate a conversation between the children by using the word guide.

Alternatively, if you are working with one child alone, you can have him complete one or more of the All About You sheets for different people. You can then use these sheets as references for role plays in which you help the child to practice talking with other people on diverse topics.

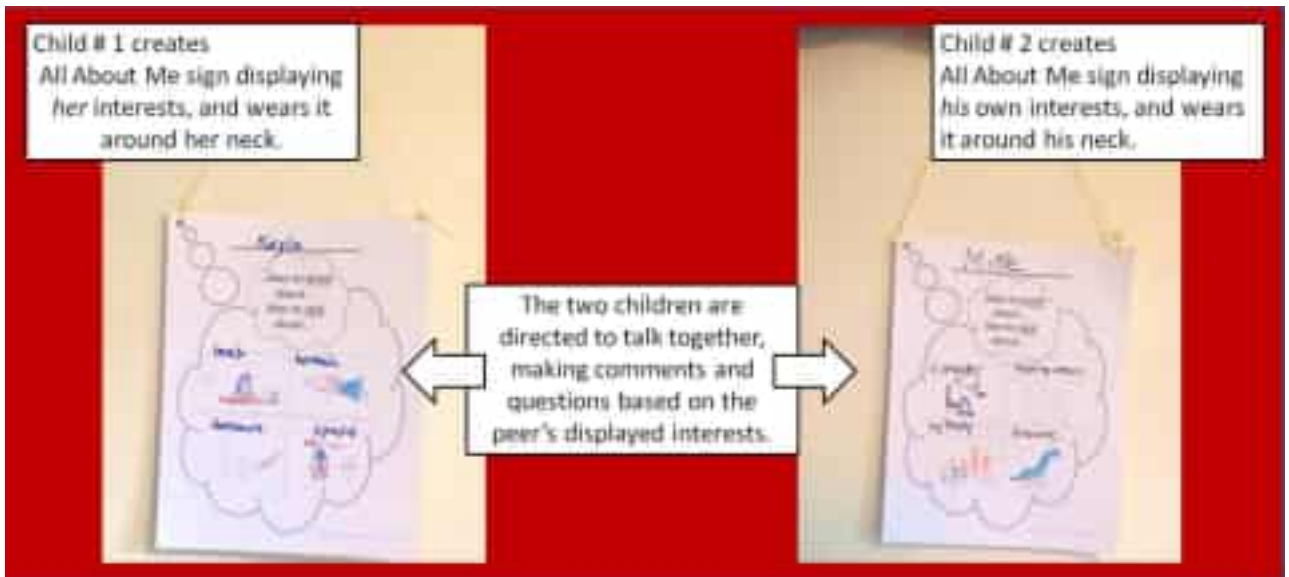
Created by Joel Shaul, LCSW



## Second way to use the worksheet: All About Me

This exercise is essentially the opposite of All About You. First, ask the child to fill in the worksheet with four interests. Provide guidance regarding categories to avoid having the child dwell exclusively on restricted areas of interest such as video games. Second, you set up a conversation between the child and other child who has also completed the All About Me worksheet, and each child uses his partner's worksheet as a reference to the other's interests.

Each child might have a strong tendency to stare at their own All About Me sheet. A worthwhile method to avoid this is to hang the completed sheets around the neck of each child. This impedes their tendency to look at their own sheet and encourages them to look outward at their partner's sheet.



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...likes to think  
about...  
likes to talk  
about...

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# Question/Compliment/Comment Helper Page

USE THIS AS A VISUAL PROMPT AS NEEDED IN CONVERSATION PRACTICE AND ROLE PLAYS

QUESTIONS

Do you like...

What is your favorite...

What do you think about...

Where...

How did you...

When did you...

COMPLIMENTS

Cool

Awesome

Interesting

I like how you...

You're good at...

You know a lot about...

I like your...

FRIENDLY COMMENTS

Tell me something about ...

I noticed you seem to like...

I'm wondering about your...

You said something about...

